

Social Competence Promotion Program for Young Adolescents (SCPP-YA)

Brief Program Description

The forty-five session Social-Competence Promotion Program for Young Adolescents (SCPP-YA) is a social and emotional learning program that has three modules. The first module includes twenty-seven, 40-minute lessons of intensive instruction in self-control, stress management, social problem solving, and communication skills. The other modules include two nine-session programs that teach students to apply these personal and social competencies to the prevention of substance use and high-risk sexual behavior. This one-year program has produced benefits with diverse fifth- through seventh-grade populations. It is most effective when offered in the context of coordinated, multiyear social development and health-promotion programming.

Contact Information

For indepth information on this program, please use the contact listed below.

Program Developer

Roger P. Weissberg, Ph.D.
Professor of Psychology and Education
Department of Psychology (M/C 285)
The University of Illinois at Chicago
1007 West Harrison Street
Chicago, IL 60607-7137
Phone: (312) 413-1012
Fax: (312) 355-0559
Email: rpw@uic.edu